# **Contact Us**

For information/access to any ministries without phone numbers, or to volunteer for any of these ministries, please contact the Co-Chairs.

#### **Co-chairs of Care Committee:**

Ellie Stivers	.315 -	751 -	1156
Elaine Ruckdeschel	.315 -	288 -	4757

To borrow Medical equipment contact:

Mary Slack-Nolan ......315-699-2731

**Bereavement Group contact:** 

Mary Alice Scheel......315 - 699 - 7181

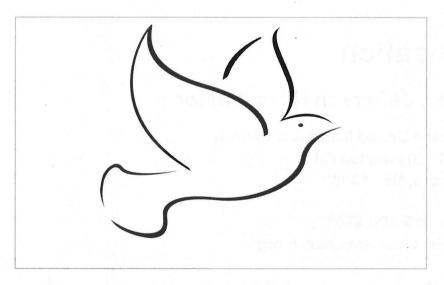
**Older Adult Ministry (Forever Young) contact:** 

Bonnie Blanchard......315 - 420 - 8835

**Prayer Chain contact:** 

Laurie Copeman......315 - 383 - 9407 or email ...... <u>Lcopeman27@gmail.com</u>

# Care Committee



CICERO UNITED METHODIST CHURCH

## **Table of Contents**

Certified Biblical Counselor and Life C	oach1
Hope Connection Subgroups	1-2
Care Shepherds Subgroups	2-3
Older Adult Ministry (Forever Young)	4
Contact Us	Back Cove

# Location

Rev. Jefferson Niles, Pastor

Cicero United Methodist Church 8416 Brewerton Rd Cicero, NY 13039

Ph: 315-699-2731

Web: ciceroumchurch.org

Email: ciceroumchurch@gmail.com

# **Coming Soon...**

#### **The Hope Connection**

A new ministry where volunteers will call, EVERYDAY, those who are living ALONE, regardless of age, and have no regular contacts.

The person who signs up will provide us with their phone number and their usual waking time. They will also provide us with the name of someone we can call if we cannot reach them on any given day. Then the volunteer who calls that person everyday at or close to their waking time, would call their contact person to investigate why they did not answer the phone.

# **Care Shepherd Subgroups**

#### **Meal Shepherds**

Volunteer to be on a revolving list of individuals who will prepare and deliver a meal or meals to church members who are ill, had surgery, or just out of the hospital. You will be notified when it is your turn, and if it is inconvenient, you may decline. You may also opt to purchase a meal such as pizza for a larger family.

#### **Transportation Shepherds**

Volunteer to be on a revolving list of shepherds who will drive church members to doctor appointments, pharmacy, blood work, and church. Contact Elaine Ruckdeschel at 315-288-4757.

#### **Card Shepherds**

Send cards to those members who are ill, hospitalized, having surgery, needing cheer or encouragement. Cards may be supplied, and postage will be purchased or reimbursed. NOTE: Sympathy cards will be sent by the Grief Shepherds.

#### **Military Shepherd**

(We need a new leader) Maintain a list with addresses of all Military personnel related to church members. Send cards. Send care packages at Christmastime. And maintain Military bulletin board.

#### **Special Needs Shepherds**

BY ARRANGEMENT ONLY!!! "Mr. Fix-It" type jobs needed by our members who are unable to "Do-It-Yourself". Example: fix a leaky faucet or mow a lawn.

#### **Grief Shepherds**

Send Sympathy cards to members experiencing a loss. May send grief books if agreed to by the bereaved.

#### **Medical Equipment Shepherd**

We maintain some used medical equipment which has been donated by members. You are welcome to borrow whatever you need from our supply free-of-charge. Borrow through the Church office by contacting the Administrative Assistant, Mary Slack-Nolan, at 315-699-2731.

#### **Light Housework Shepherds**

We need volunteers for this ministry! Perform light housework (dust, sweep, vacuum, dishes) for members needing short-term assistance. To arrange for assistance, contact Elaine Ruckdeschel at 315-288-4757

# Older Adult Ministry (aka "Forever Young")

(Bonnie Blanchard is the Leader.)
See or Call Bonnie if you would like to volunteer for this ministry, or if you would like to join this group of "youngsters"! There will be education and resources for older adults on a variety of topics. There will be occasional luncheons combined with education topics and access to resources. And, of course, there will be events for having FUN!

Bonnie may be reached at...315-420-8835.

### **Care Ministries**

#### **Certified Biblical Counselor and Life Coach**

Our Certified Biblical Counselor and Life Coach is Elaine Ruckdeschel. She counsels from a faith perspective. Just contact Elaine at 315-288-4757.

# **Hope Connection Groups**

#### **Prayer Chain**

(Laurie Copeman is the current Leader of this ministry) This is a large group of people who volunteer to pray for special needs of individuals who come to our attention. (\*\*ALWAYS with the permission of the person needing prayer.) Each member of the prayer chain is notified via email as to the current needs. Some phone contacts are also notified. Please consider joining our very powerful prayer chain by contacting Laurie at <a href="mailto:lcopeman27@gmail.com">lcopeman27@gmail.com</a>

#### **Bereavement Group**

(Mary Alice Scheel has been the leader for over 40 years.) Please contact Mary Alice regarding your loss and desire for group support. Mary Alice's phone number is 315-699-7181.